



LOCHDALE COMMUNITY SCHOOL

Dino Klarich: Principal
Enza Palmer: Secretary
Sue Coombes : Community Office

Nadia Volpe: Head Teacher
Shahzyah Juma: Community Coordinator
School Trustee Jen Mezei

6990 Aubrey Street
Burnaby, BC V5B 2E5
604-296-9019

**FEBRUARY
2019**

FRIDAY NIGHT FUN AT LOCHDALE!

**Friday, March 8
Game Night at
Lochdale!**

6:00—8:00 pm
**Run by our Student
Leadership Group**
**Preorder tickets for
pizza and pop
through online with
our main office.**



**Ralph Breaks
the Internet!**
Movie Night
Friday
March 1
6:00-9:00 pm
(movie starts at
7:00pm)



Dear Parents/Guardians:

We have experienced challenging weather these past few weeks in February. I am sure that everyone looks forward to the change in weather as spring is around the corner for all of us. Your children enjoyed the snow and the hill which was open for sledding. In early February we had Zumba lessons through an instructor. Our final celebration was a great time for all. It was so good that many of you were able to make it for this wonderful event. We also have been working on speaking skills throughout all grades. We have had two assemblies: Intermediate and primary ones. They were excellent and all of the students should be proud of their accomplishment. Pink Shirt Day is this week. Many of our students will enjoy spreading kindness at Metrotown. Thanks to Ms. Juma and Ms. Coombes for arranging the activity. Our basketball season has come to a close. The final games will be played as the competitive boys play at Bby South. Special thanks to all of our coaches: Mr. Mahseredjian, Mr. Ho, and Ms. Lee. Special thanks to Adrien, our coach volunteer. Lastly, our thanks to the many parents that took in the games. Well done Lions! As we approach the end of the second term, we are proud of the many other accomplishments in your child's learning. From their daily classroom work, to their peer and teacher interactions, to your support at home, many positive learning experiences have happened this term. Spring Break is around the corner! Please seek out some activities for your child. In Burnaby, we have many wonderful opportunities from swimming, skating, tennis, the arts and music, and just exploring the beautiful parks that Burnaby has in our city. We look forward to the third and last term at Lochdale and all of the exciting events around the corner.

Sincerely,

Mr. D. Klarich
Principal



ATTENTION PRE-TEEN PARENTS:

Did you know that Summit Youth Centre has FREE preteen Drop in? All youth in grades 5-7 are welcome. Mondays & Wednesdays, 3-5:00pm Youth have access to pool, foosball, ping pong, card and board games as well as TVs, computers, PS4 and free Wifi. Sponsored by City of Burnaby Parks, Recreation & Cultural Services. Address: 200 Willingdon Ave., 604-268-1369



GAMEFACE—a Board Game Night for Youth. Grade 6-9 at Burnaby Public Library. Join them for a night of board games and fun! Choose from games like Settlers of Catan, Carcassonne, or Fluxx. Fridays, 4-7:00 pm (McGill Branch) March 29 and April 26. More info. Visit bpl.bc.ca/events

FROM YOUR COMMUNITY OFFICE!!!

Shahzyah Juma: Community School Coordinator
Sue Coombes: Community Office Assistant



Greetings from the community office! February has been a fantastic and busy month!

We had our ACEbc meeting at Gilmore where we discussed what makes a community school great and we learnt new ways to build positive school climates.

Our LCSA met and donated funds to the music program and learnt more about the new curriculum from our teachers. They also had great coffee and conversation while learning how to themomix their meals!

The interagency meeting this month, Norburn, had a C.A.T: Community Action Team presentation. C.A.T is a group of front-line community agencies, city representatives, experts and those with "lived experience" of drug addiction working to help support those dealing with addiction in a response to the current drug overdose crisis in Burnaby. We have many programs and support groups for those in need and we welcome everyone who may be affected by these addictions.

Play to Learn took place at Bonsor rec centre on February 23 and the **Healthy Kids Fair is coming up March 5th** at Cameron rec centre so please join us for information on supporting children 0-5 years.

Pink shirt Day at Metrotown was phenomenal as usual! We had the honor and privilege of performing random acts of kindness sponsored by Metrotown gift cards and our school trustees joined in on the fun. It was a great day for all and our rainbow wave was a beautiful testament to how we are a loving and caring community. Join us for our **Games night on March 8th** to celebrate!

Coming up in March/April is spring break and then a rush of excitement! We have some fabulous programs coming up ranging from designing your own game to Karate to pottery to robotics to cooking...April will be bringing us more choice and diversity in the opportunities available after school.

During the day, our students will be receiving support from the BCIT nurses, Douglas college nurses, Saleema Noon and Free to Be to help support their continued social and emotional well being. Some of these programs have already started and we are looking to develop and increase the support available to our students. We are also hoping to participate in the eco-sculptures again this year in early April!

For parents, we have our **cooking skills** with Pat Davison returning in April and for our grand-parents we have our **Senior's Tea on April 16th**. Please do join us for these events and invite your relatives and families to join in and see where your loved ones spend their day at Lochdale!

BNCA, Burnaby North Community Association, will be having their **AGM on April 18th 6:30-8pm**. Please join us and let's work together to keep Comshare and all the amazing initiatives they support in the community flourishing. Charlford House will also be fundraising with their annual shred-a-thon on **Saturday, April 27th**.

Spring is coming...and I can't wait for all the fruits of our labour to thrive!

Shahzyah Juma
Community School Coordinator
Lochdale and Windsor Elementary Schools
Lochdale (604) 296-9019
Windsor (604) 296-9038

HEALTHY KIDS FAIR—Tuesday, March 5, 2019 (9:30-11:30 am) Free Admission, Cameron Complex. Come and meet community health professionals specializing in pre-school services who are on hand to answer questions. Playground blocks and displays!



**PINK SHIRT DAY
AT METROTOWN!**



**Ms. Juma thanking the
Burnaby Firefighters
for their snack
donations!**

Dakeys

GIRLS SOFTBALL

AGES 5-19
FULL SEASON STARTS AT ONLY \$49

ROOKIES WELCOME

SOFTBALLBURNABY.COM

Burnaby Bears Field Hockey Club

Junior Field Hockey Spring 2019

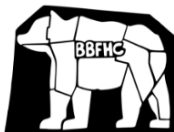
SEASON: APRIL TO JUNE
FIELD: BURNABY LAKE SPORTS COMPLEX WEST
PRACTICES: TUESDAYS & THURSDAYS
GAMES: SATURDAYS OR SUNDAYS

EARLY BIRD RATE: \$95 (UNTIL APRIL 7TH)
REGULAR REGISTRATION: \$115 (APRIL 8TH ONWARD)
UNIFORM: \$40 JERSEY + \$10 SOCKS



Field hockey for girls ages U6 to U18
focusing on physical literacy, basic
field hockey skills, teamwork, and
sportsmanship. All skill levels are
welcome!

Email: burnabybears@gmail.com
Social Media: [burnabybearsfhc](https://www.facebook.com/burnabybearsfhc)
www.burnabybearsfieldhockey.com



www.metroballhockey.ca

- Registration starts December
- Season starts in April
- League playoffs in June
- Provincials start after playoffs
- Western Challenge Cup in July
- Volunteers always needed
- Goalie gear supplied

- Junior Division - Under 19 \$195
- Major Division - Under 16 \$195
- Minor Division - Under 14 \$195
- PeeWee Division - Under 12 \$185
- Pup Division - Under 10 \$185
- Peanut Division - Under 8 \$185
- Tyke Division - Under 6 \$125

Metro Minor Ball Hockey Association offers youth a safe, affordable and fun-filled sport in the Metro Vancouver area. Ball hockey brings the thrill of hockey to our dry floor arenas in the springtime and it provides excitement in a team-oriented atmosphere.

Metro Minor Ball Hockey welcomes all genders regardless of skill level. Registration may fill up quickly at some age levels.

For more information visit our website or email us at info@metroballhockey.ca

Lochdale Elementary

Spring 2019

Exciting new programs are coming your way, available for registration on Tuesday March 5, 2019!

Badminton & Basketball, 6-10 yrs

This program involves two sports-in-one gym time.

\$30.90, 4 sessions

Th, 3:00-4:30pm April 11 497830

Lego®Mania, 5-8 yrs

Children are given the space to work together to build, create, learn and use their imagination while exploring structural concepts using Lego®.

\$24.30, 6 sessions

M, 3:00-4:30pm April 15 497494

Science Discoveries (kinesiology with sport), 8-12 yrs

The children will have lots of opportunities to explore different aspects of science in this hands-on class. They will try experiments and discuss how science is an important part of our everyday world.

\$54.90, 6 sessions

M, 3:00-4:30pm April 15 497502

Mother's Day Chocolates & Crafts, 5-12 yrs

Join us after school to create special crafts and chocolate treats to give your mother for Mother's Day!

\$16.10, 1 session

Th, 3:00-4:45pm May 9 497421

Creative Drama-Shadbolt in your School, 6-9 yrs

Through creative drama games, exercises, stories of their own creation or other forms, dramas may be explored, acted out and enjoyed.

\$43.80, 4 sessions

Tu, 3:00-4:30pm May 14 497560



How to Register

Online: burnaby.ca/webreg

To register call Eileen Daily Leisure Pool & Fitness Centre at 604-298-7946. Fees must be paid when you register. We accept VISA, MasterCard, or AMEX or you can register at any Burnaby Recreation Facility at the Front Counter.



For information please contact:
Rohan Matts
Program Coordinator:
Northwest Community Programs
Rohan.Matts@burnaby.ca
604-297-4531



COMMUNITY KITCHENS FOR FAMILIES

Join us for six Food Skills for Families Healthy Cooking Sessions

Food Skills for Families

Food Skills is a hands-on program that makes healthy eating, shopping and cooking easy, quick and fun.

This program is all about teaching people how to make healthy meals, snacks and beverage choices and to gain confidence in the kitchen.

- Encourages participation and social interaction
- Includes 6 sessions which are 3 hours in length
- Learn how to read food labels and take a grocery tour
- Helps participants to eat well while making fast easy meals using fresh, whole ingredients

Eating healthy can be confusing .

- Come and learn how to prepare tasty meals using fresh whole foods.
- Meet new friends and have fun.



Do you get bored with eating the same food all the time?

Do you eat out because you're not sure what to cook?

Do you worry that your health is suffering by making unhealthy choices?

If you would like to lead a healthier lifestyle. This is the course to take.



The Place: Lochdale Elementary School, 6990 Aubrey Street, Burnaby

The Date: April 10—May 15/19 Wednesday mornings

The Time: 9.15a.m. to 12.30pm

To register: contact Pat @604 764 1358 or e-mail: pmcdavison@gmail.com
Childcare is available

Hosted by Cameray Child & Family Services, in Partnership with Canadian Diabetes Association



Your Voice. Your Home.

Meeting the Housing Needs of Burnaby Residents

1. Community Ideas Workshop

Come join your fellow Burnaby residents for an interactive evening discussion on housing. A unique opportunity to share your ideas, experiences and recommendations awaits! Please register now.

Registration deadline is March 5.

Wednesday, March 6, 6:00-9:00 PM

Special Events Hall

Nikkei National Museum and Cultural Centre

6688 Southoaks Crescent

Burnaby, BC

2. Community Recommendations Workshop

Help shape Burnaby's final community recommendations! This dynamic event will bring together about 100 residents who reflect the city's diverse backgrounds and interests. Participants will spend the day examining and evaluating different housing options and present their recommendations to Council and the Mayor's Task Force on Community Housing. Register your interest prior to March 30.

Saturday, May 25, 9:00 AM-5:00 PM

SE-2, Town Square A+B

BCIT

3700 Willingdon Avenue

Burnaby, BC

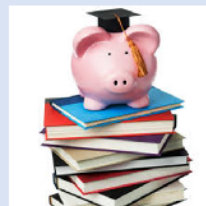
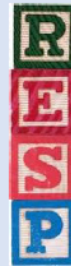
3. Stay Connected

Keep up-to-date by signing up for our eNews or reach out to us at yourvoice.yourhome@burnaby.ca

MORE INFORMATION Please visit Burnaby.ca/YourVoice. 604-294-7400 YourVoice.YourHome@burnaby.ca



**Burnaby
Settlement
Workers in Schools
invite you to a
workshop about:**



**Registered Education Saving Plan (RESP) for
your children's post-secondary education.**

Presented by Vancity Credit Union.

- ❖ What is an RESP
- ❖ Types of RESPs-Single & Family
- ❖ Government Grants - How they work
- ❖ How to grow funds in RESP

There will be a question/answer session following the presentation.

ندعوكم لحضور ورشة عمل تثقيفية للبحث بمواضيع متعلقة بكيفية إنفاق مدافع مالية لأولادكم لتمكينهم من استعمالها في المستقبل من أجل إكمال دراستهم الجامعية.

Date: Tuesday, April 23, 2019

Time: 12:30 pm - 2:30 pm

**Location: Lochdale Community School,
Community room #19**

6990 Aubrey Street Burnaby, BC V5B 2E5

To register or for more information please contact:

للتسجيل أو لمزيد من المعلومات يرجى الاتصال

Soud Hage-Hassan, cell/text message: 604-760-3421 or
email: Soud.Hage-Hassan@burnabyschools.ca

Mariam Menhem, cell/text message: 604-790-4836 or email:
Mariam.menhem@burnabyschools.ca

Immigration, Refugees and Citizenship Canada

Integrates CANADA

City of Burnaby
BURNABY
Burnaby, British Columbia