



LOCHDALE COMMUNITY SCHOOL

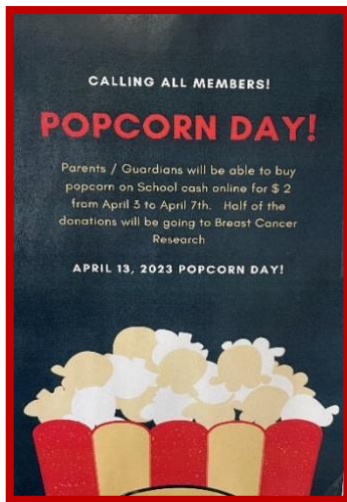
April 2023

Hello Lochdale Families,

Happy Spring! We are all looking forward to the longer daylight hours that bring about more time outside in our beautiful community! In this newsletter, you will find information about upcoming school events, programs, and fundraisers.

Sincerely,

Lochdale Community Office



Spirit Week April 11th - 14th

April 11th – PJ Day- wear your pjs
April 12th – Tropical Day – wear bright colours and flowered patterns
April 13th – School Colours Day – wear blue and yellow
April 14th – Support cancer research day – wear pink or yellow



Earth Day Family Bingo! Submitted by May 2nd

Students will be bringing home an **Earth Day Bingo card** this week to be completed throughout the month of April. All sheets to be signed by a parent/guardian.

Community Coordinator: Teresa Toth Community Assistant: Emily Ho

6990 Aubrey Street Burnaby, BC V5B 2E5 604-296-9019

A MESSAGE FROM THE LCSA

This year, the LCSA is excited to announce a **Spring Fundraiser!** We will be selling a variety of plants and herbs this year just before Mother's Day!!! Fundraising is always a vital part of ensuring the students have the best year possible. The money raised is used to help cover costs for programs, equipment, resources, and extra-curricular activities. It also takes some of the financial burden off of the parents – allowing more kids to participate in these activities.

Important Dates to Remember

The fundraiser officially begins today!

Order Deadline: Friday- Apr 21

Orders pick-up: Friday - May 5th from 2 to 3 pm from our school.

Plants are supplied by DeVry Greenhouses.

Please kindly place your order using the link below:



Thank you for your support and don't forget to share with your friends and colleagues!

Lochdale Community School Association

lochdalecommunityschool.growingsmilesfundraising.com



- May 1st LCSA Meeting in person
- June 5th LCSA Meeting online

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A MESSAGE FROM OUR COUNSELLOR

Hi Lochdale Community! I'd like to share with you a great opportunity to meet **Dr. Ross Greene** for **National Child & Youth Mental Health Day** on May 4th. In this zoom meet, Dr. Ross will share about Collaborative & Proactive Solutions that can help us to show our kids we care about them.

Check out the poster below, and to register, [click here](#)

Ms. Henderson

Dr. Ross Greene – Collaborative & Proactive Solutions: Moving From Power and Control to Collaboration and Problem-Solving

May 4 @ 6:00 pm - 8:00 pm PDT



FamilySmart
Together-Centred



Mental Health Day

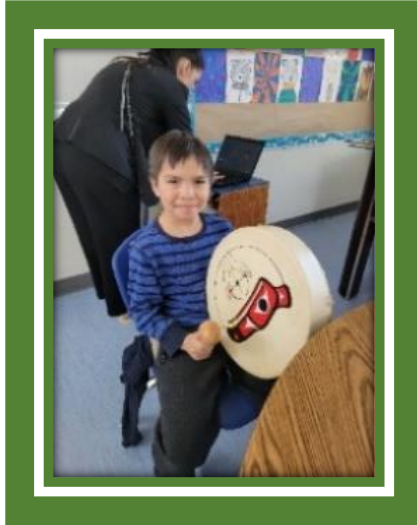


Join us for a presentation and Q & A with Dr. Ross Greene as he speaks about how Collaborative and Proactive Solutions can help us show our kids we care about them. Solving problems together creates connection and allows our children to be a part of finding solutions to what is causing their concerning behaviour. Dr. Greene's work reminds us that things go better for everyone, when we solve problems together and that kids do well if they can.

LOCHDALE GALLERY

Division 9

Drumming is fun!



Story workshop



Snow day outdoor fun



Spring blossoms



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LOCHDALE GALLERY

Division 10

Rainbow in the classroom!



Division 11

Easter bunnies



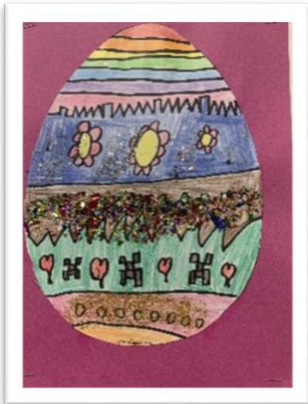
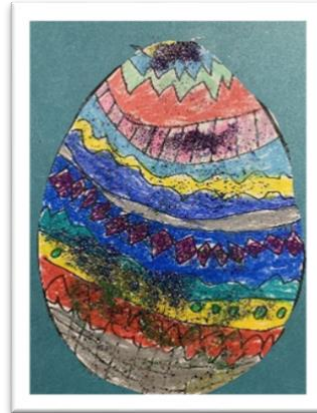
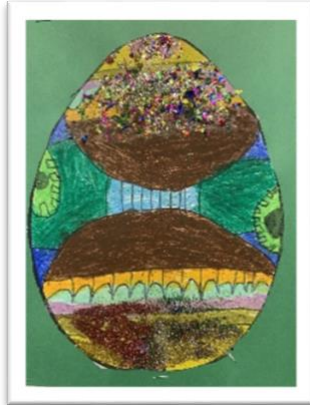
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LOCHDALE GALLERY

Division 13

A Story of an Easter Egg



Lucky Shamrocks

Division 14



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WHAT'S HAPPENING IN OUR COMMUNITY...



Summer Camp @ LOCHDALE COMMUNITY SCHOOL

**COME JOIN US FOR
AWESOME GROUP
ACTIVITIES, GAMES,
CREATIVE PROJECTS
AND LOTS OF OUTDOOR
FUN FOR CHILDREN
AGED 6-11 YEARS OLD**

**Week long camps
Monday - Friday
Starting July 3rd - August 11th
9:00am - 3:00pm**

REGISTRATION OPENS MAY 1
More information on cost and
payment method to come!

CONTACT INFO:
Contact Teresa Toth
(teresa.toth@burnabyschools.ca)
for more information

*Stay
tuned*

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WHAT'S HAPPENING IN OUR COMMUNITY...



BURNABY
FAMILY LIFE
A PLACE YOU, A PLACE TO BELONG

CALM & CONFIDENT PARENTING

The world keeps changing and as conscious parents we need to tune in and build confidence in our parenting skills so that we can provide our children with the love, support and care they need for their healthy development.

Join us for 8 weekly sessions to share strategies and ideas that will help create calm and joyful moments for you and your family. Learn how to build life-long skills and habits for your preschool and elementary school aged children. Discussion topics will include the following themes and more:



MANAGING CHALLENGING BEHAVIOURS

SOCIAL MEDIA - IT'S A WHOLE NEW WORLD

How do you navigate screen time battles and find creative, fun and healthy habits for the whole family

WHY IS NUTRITION IS IMPORTANT

How to make healthy eating fun for the whole family.

UNDERSTANDING SEXUAL ORIENTATION & GENDER IDENTITY

Increase your understanding of human expression in a safe space.

COMPASSIONATE PARENTING

Building self-awareness through self-reflection and compassion will help you create calm and joyful moments for yourself and for your children.

- 8 weekly sessions: Mondays, April 17th to June 12th (Holiday May 22)
- Time: 12:45 pm to 2:30pm
- Location: Lochdale Community School, 6990 Aubrey Street, Burnaby BC V5B 2E5
- Free childcare (18m to 8 years), snacks and transportation are provided, if required.

To register please visit: <https://forms.office.com/r/p99RV38nyc>

For questions, please contact Teresa Toth

email: teresa.toth@burnabyschools.ca Tel: 604-296-9019

If you need childcare, please mention number and ages of children when registering. Limited seats.

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WHAT'S HAPPENING IN OUR COMMUNITY...

Spring Basketball Skills Training Sessions

Are you looking for an engaging, high-energy, and inclusive basketball program for young female athletes?

Baseline Basketball's curriculum has been created to provide a fun introduction to basketball through games, physical literacy, and skill-building.

BURNABY

Location: Brantford Elementary School (6512 Brantford Avenue, Burnaby)

Date: Every Tuesday from Tuesday, April 4 to Tuesday, May 2 (5 sessions)

Time: 5:30pm - 6:30pm

Ages: 8 to 12 years old

Cost: \$140 (includes photo souvenir at the end of the program)

NEW WESTMINSTER

Location: F.W. Howay Elementary School (91 Courtney Crescent, New Westminster)

Date: Every Wednesday from Wednesday, April 5 to Wednesday, May 10

**not including Wed, April 19 (5 sessions)


Time: 6pm - 7pm

Ages: 8 to 12 years old

Cost: \$140 (includes photo souvenir at the end of the program)

Check out our website at baselinebasketball.ca for more information and to register!

☎ 778-239-2854

  @baselinebasketballca

FIRST Honouring Indigenous Students

TRADITIONAL POWWOW

April 22, 2023

West Gym, Simon Fraser University
8888 University Dr W, Burnaby, BC

HOST DRUM **ARENA DIRECTOR** **MC**
Medicine Creek Jeremiah Peters JB The First Lady

DOORS OPEN
10am - 10pm

OPEN TO ALL.
ADMISSION IS FREE OR BY DONATION.
INVITING ALL DRUMS. FIRST FIVE PAYOUT.
VETERANS AND POWWOW PRINCESSES ARE
INVITED TO PARTICIPATE IN GRAND ENTRY.
DINNER SERVED 5PM. 50/50 AND RAFFLE.

GRAND ENTRY
12pm and 6pm

FEATURED SPECIALS

Frank Watts & Family - Orange Regalia Special
Heaven N Earth Native Art Gallery - Tiny Tot Special
Two-Spirit Special
Emily Noon & Family - Head Lady Special
Head Man Special - TBA

Hosted by:
SFU First Nations, Métis and
Inuit Student Association

www.sfufnmisa.ca/powwow/
fnmisa-powwow@sfu.ca



INDIGENOUS STUDIES DEPARTMENT
BEEBIE SCHOOL OF BUSINESS

Community Coordinator: Teresa Toth Community Assistant: Emily Ho

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